

NURSING SERVICES PREVENTING TRIPS AND SLIPS WORK INSTRUCTION

Altaira recognizes that our staff often work in clients' homes where modification of the work area may not be possible.

If this is the case, please follow the following guidelines for minimizing risk of injury from trips and slips.

- Always wear closed in shoes with non-slip soles the shoe sole tread pattern should be deep enough to help penetrate the surface water and make direct contact with the floor.
- Ensure floors are cleaned properly to prevent a build-up of slippery products
- Ensure spills are wiped up promptly
- Ensure floors are left as dry as possible after they have been mopped
- Use the power point closes to you when using electrical items to avoid trailing cables
- Where possible tidy away trip hazards such as trailing cables, clutter
- Do not talk on your phone while working
- When handling loads, have a full view of where you need to travel and have a free hand to hold onto a rail when walking down steps
- Ensure that the environment is of comfortable temperature and if it cannot be made comfortable, report to Altaira
- Report uneven edges to flooring, gratings or covers, loose mats or carpet tiles and changes of floor surface level to Altaira
- Report an excess of clutter which cannot be tidied away safely to Altaira
- Report poor lighting to Altaira

Document Name	Preventing Trips and Slips	Authorised by	Clinical Operations Manager
Document Group	Work Instructions	Version No	1
Document Number	QMSW005	Issue Date	01/07/2017