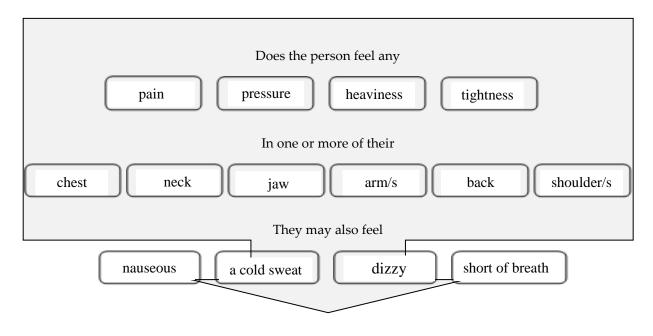
Remember! Some people are more likely to describe atypical or minimal symptoms and include:

- the elderly;
- women;
- persons with diabetes;
- Australian Indigenous population and Māori and Pacific Island people.

These people should seek urgent assessment by a health care professional if they have any warning signs of heart attack, no matter how mild.



YES

STOP – stop the person from what they are doing and tell them to rest. Administer oxygen if there are obvious signs of shortness of breath.

Continued over...

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2 TALK – ask them what they are feeling If they take angina medicine: Or Take a dose of medicine. Are symptoms severe? Wait 5 minutes. Still has symptoms? Getting worse quickly? Take another dose of angina medicine. Have lasted for 10 minutes? Wait 5 minutes. Still has symptoms? YES 3 **CALL** an ambulance now **000** Don't hang up Wait for the operator's instructions.

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